



## IBD PATIENT SUPPORT GROUP MEETING

### PROGRAMME

**PART 1 AN INTRODUCTION TO 'PRANIC' HEALING :**

**BY MS CHANDRIKA MANOHARA**

'Pranic' Healing is a "No Touch No Drug Therapy" founded by Grandmaster Choa Kok Sui. It is practised in more than 80 countries.

**BREAK** Refreshments

**PART 2 ART WEEK 2015 RANGOLI KUDAM FANTASY**

**BY MS VIJAYA MOHAN, ART THERAPIST**

50 Organizations are participating in the painting of 1,000 beautiful kudams to be exhibited across Singapore in 2015. Project funded by EDB, National Arts Council & STPB

### VENUE

Chinatown Point, 133 New Bridge Road  
Social Service Hub (take office lift to Level 3)  
#04-02 Singapore 059413

**SATURDAY, 27 December, 2014 (2PM - 5PM)**

**RSVP TEL 9756 4066 or email [info@ibd.org.sg](mailto:info@ibd.org.sg)**