



OPENING ADDRESS

Nidhi Swarup

*...another project initiated
by Rotary*



Some facts

- ▶ Crohn's disease & Ulcerative colitis are lifelong illnesses
- ▶ June 2016 - Singapore Population 5.4 million
 - ▶ Estimated 2,000 Patients in Singapore
 - ▶ 1,500 UC cases
 - ▶ 500 CD cases
 - ▶ Estimated 200 children
- ▶ Impact felt by family members too
 - ▶ Physical, Social, Emotional & Financial



OUR PURPOSE

OUR VISION

To support persons with Crohn's Disease, Ulcerative Colitis and related health conditions

OUR MISSION

To create a seamless patient support system that improves the quality of life of patients of Crohn's Disease, Ulcerative Colitis and related health conditions with a focus on four key areas:

1. Patient Support Groups
2. Public Education & Awareness
3. Advocacy
4. Promoting Research

Executive Committee

10 Dedicated Volunteers



Nidhi Swarup



Uttam Kripalani



Vincent Chen



Kaka Singh



Dr Wu Dar Ching



Dr Low Cze Hong



Low Siew Joon



Kesavapany



Henry Lim



Harini Ratinam

MANY HELPING HANDS

- ▶ Doctors, Surgeons
- ▶ Nurses, Pharmacist, Radiologists
- ▶ Dieticians, Nutritionists
- ▶ Support Group of Patients
- ▶ Medical Social Workers, Counsellors, Psychologists
- ▶ Family Service Centres
- ▶ Private Companies, Charities & Donors
- ▶ Media - Newspaper, Radio, TV & Social Media
- ▶ Family, Friends and **YOU**

Our Resources

- ▶ **Website** www.ibd.org.sg
- ▶ **Facebook page** just for patients
- ▶ **WhatsApp group** for daily connection
- ▶ **CAN'T WAIT CARD** for priority access to public toilets
- ▶ **Periodic meetings** for Patients & Family members

▶ **Patient Education Booklets**

- ▶ IBD in Children
- ▶ Crohn's disease
- ▶ Ulcerative colitis

- ▶ **Educational Video on IBD** for new patients & Public Education

Financial Assistance

- ✓ Children's Assistance Fund
- ✓ IBD Monitoring Fund
- ✓ Biologics Subsidies

SUPPORT GROUP meetings

EACH SESSION HAS TWO PARTS

- ▶ Learn how to better manage our lives with IBD from experts. For eg. Pharmacists, Dieticians, Art Therapists
- ▶ Patients exchange experiences and challenges and have FUN



GOALS 2017-18

- * NATIONAL REGISTRY FOR IBD
- * Develop a support programme especially for Children with IBD





Thank you