



CROHN'S & COLITIS
SOCIETY OF SINGAPORE

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Crohn's & Colitis Patient Ambassador Program

Commencing: Aug/Sept 2021

Are you an IBD patient?

Know of someone with IBD?

How can we alleviate
their discomfort &
their suffering?

Knowledge is Power

Phase

①

Educating in-patients

- Newly diagnosed IBD patients & their family members
- Existing IBD patients with symptoms flaring up



National University
Hospital

How?

- Working with Pediatric + Adult IBD Wards
- **TEAMWORK: 25 Crohn's & Colitis Patient Ambassadors (CCPA)**



- **25 Crohn's & Colitis Patient Ambassadors (CCPA)**

- **Share IBD information & experience with patients**
- **Get patients started on their care journey**



- **25 Crohn's & Colitis Patient Ambassadors (CCPA)**

What training will CCPA receive?

Online Training Educational Video



Ambassador Certification



- **25 Crohn's & Colitis Patient Ambassadors (CCPA)**

Other support

- **Allowance to cover transport and food for each visit**
- **Appreciation on volunteering**

ONLINE TRAINING Video

- Help CCPA better understand the IBD conditions
- Help CCPA better understand the care plans for patients
- Sharing by IBD Specialist, IBD Nurse, Dietician, Pharmacist & Medical Social Worker

Sharing is Power

Phase ② **Sharing**

Where?

- In hospital: meet in-person
- Follow-up: virtually or phone calls

How often?

- Depending on patient's needs

How long?

- An hour or longer, if necessary

Phase 3

Ambassadors Dine & Share with EXCO Members

- Quarterly lunch/dinner to appreciate CCPA
- Sharing of best practices and challenges
- Discussion on areas of improvement

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JOIN THE TEAM OF AMBASSADORS

Email admin@ibd.org.sg